Improper hand hygiene can lead to contamination risks throughout the procedure.

Always remember to perform hand hygiene:

- Before touching the patient
- After touching the patient
- After touching each piece of equipment or surrounding objects
- Before an aseptic procedure
- After exiting the room

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BEST PRACTICE GUIDANCE

Always remember to:

1. Perform hand hygiene
2. Maintain aseptic technique
3. Scrub for 30 seconds back and forth
4. Allow to dry for a minimum of 30 seconds and until completely dry
5. Align CHG foam disk around the CVAD line (if applicable)
6. Apply adhesive dressing to ensure perimeter is secured

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BEST PRACTICE GUIDANCE

Maintaining a clean work environment reduces the threat of contamination

Always remember to:

- Close the door to the room
- Thoroughly clean the bedside table surface
- Perform proper hand hygiene
- Follow your protocol in regards to protective apparel and don sterile gloves
- Open and apply drapes in the correct order
- Keep an extra pair of sterile gloves handy

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Skin antisepsis helps reduce the ability of infectious pathogens to enter the body¹

Always remember to:

- Use alcohol to cleanse debris from skin before using CHG²
- Cleanse skin beyond the borders of the dressing
- Follow manufacturers’ guidelines for product usage
- Scrub times are longer for the femoral site
- Use gentle, repeated back and forth strokes

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References:

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Ensure fully intact dressing

BEST PRACTICE GUIDANCE

Dressing disruption is a major risk factor for catheter-related infections

Always remember to:

- Remove excess hair with surgical clippers before cleansing skin
- Correctly place dressing on dry skin
- Replace dressing when it becomes damp, loosened or visibly soiled
- Replace intact dressing after seven days

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Stay alert
to hygiene lapses

BEST PRACTICE GUIDANCE

Maintaining vigilance about hygiene is everyone’s responsibility

Don’t hesitate to:

- Call attention if you notice a problem
- Express concern directly and politely
- State the problem briefly and discreetly
- Offer to contribute to the solution

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