

# Improving Diabetes Management in Long-Term Care

Diabetes is a devastating disease that significantly impacts the structure of long-term care. Twenty-six percent of nursing home residents have diabetes. According to the American Diabetes Association, approximately 20.8 million people in the United States have diabetes. It is alarming that 6.2 million cases go undiagnosed for many years and do not receive treatment until severe complications appear. The cost of caring for these residents, and the complications arising from diabetes, exceeds \$6 billion dollars annually. In fact, one in every ten healthcare dollars is spent on diabetes and its complications.

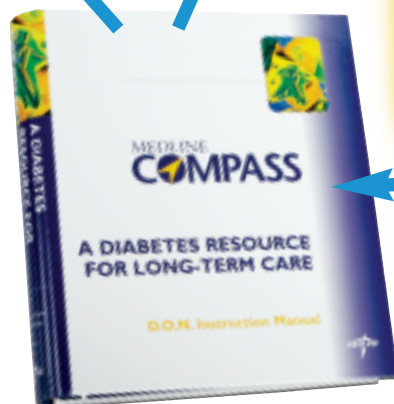
That is why Medline is proud to introduce a comprehensive diabetes educational tool specifically designed to address the needs of individuals in the long-term care market. It emphasizes the importance of proper diabetes management to prevent complications, and also illustrates how to achieve it.

Considering that heart disease, stroke, high blood pressure, blindness, kidney disease, dental disease, nervous system disease, and even amputations are all complications of diabetes, it is easy to see why healthcare providers strive to provide the best possible care for their residents. Additionally, knowing that the Centers for Medicare & Medicaid Services is reviewing Pay for Performance measures and evaluating avoidable hospital admissions, like those due to complications from diabetes, it is vital for nursing home staff to understand current standards of practice.

Medline assembled a tool to help healthcare providers better care for residents with diabetes by compiling and organizing data acquired during the course of working with healthcare professionals for more than 40 years.

## What's in the Compass Diabetes box?

- One **Director of Nursing (DON) Instruction Manual** — A teacher's guide to the program, which includes 4 CE contact hours.
- Three additional **Glucose Monitoring Training** resource books — Put them on treatment carts or in nurses' stations for easy access.
- Five additional **Family Education** books — Give them to residents' families.
- Two **Educational Compact Discs (CDs)** — To educate staff on using the Optium™ Glucose Monitoring System.



# The Compass Diabetes box includes the following items:

## **A DON Instruction Manual (Teacher's Guide)**

A comprehensive teacher's manual to help implement a diabetes management program, including:

## **A Diabetes Resource Book**

- **Tab 1** Provides **Instructions for Use**.
- **Tab 2 Diabetes Overview** discusses the disease, symptoms of the disease, and complications that can occur. Includes one CE contact hour.
- **Tab 3 Staying Healthy** provides an in-depth guide focusing on the four elements of maintaining a person's health, which include glucose monitoring, medication, nutrition and exercise. Includes two CE contact hours.
- **Tab 4 Glucose Monitoring Training** reviews the proper procedures for lancing and using glucose monitoring systems. Includes one CE contact hour. Three additional copies are provided to place on the treatment carts or in nurses' stations.
- **Tab 5 Regulatory and Guidelines** includes guidelines and standards provided by organization's that are focused on diabetes and caring for someone with diabetes.
- **Tab 6 Family Education** is an easy-to-read book that can be shared with residents and their families. Five additional copies are provided to place on the treatment carts or in nurses' stations.
- **Tab 7 Quality Improvement** supplies glucose monitoring system quick reference guides for set-up and performing a test. The guides are for nursing assistants and skill review for clinicians.
- **Tab 8 Product Solutions** details the products available from Medline to meet the needs of the long-term care professional enabling them to provide optimum resident care.

## **Two Educational CDs**

- The **Optium Blood Glucose Monitoring System Interactive Demonstration** educates staff on how to use the Optium Glucose Monitoring System.
- The **Optium Blood Glucose Monitoring System Training Documents** contains useful training documents that can be printed. Using this CD makes training staff and writing protocols very easy.

For more information about our Compass Diabetes Resource or for a Product Solutions demonstration, contact your Medline sales representative, call us at 1-800-MEDLINE, or visit our Web site at [www.medline.com](http://www.medline.com).